






For energy without the jitters or the “**crash**”, see how GPS E² stacks up with Red Bull Energy Drink[®] and 5-hour Energy[®]

Component	GPS E ² 8 fluid ounce serving 	Red Bull Energy Drink [®] 8.4 fluid ounce serving 	5-hour Energy [®] 2 fluid ounce serving 
Undesirable Ingredients	NO	YES Artificial colors, Glucuro lactone	YES Potassium sorbate, Sodium benzoate, Glucuro lactone
Sugar	2g	27g	0g
Sodium (electrolyte)	5mg	100mg	18mg
B-Vitamins	YES Thiamine, Riboflavin, Niacin, B-12, Pantothenic acid	B-12, Pantothenic acid, Pyridoxine (B-6)	Niacin, B-12, Pyridoxine (B-6), Folic acid
Minerals and Trace Elements	YES Calcium, Magnesium, Chromium	NO	NO
Branches Chain Amino Acids (BCAAs) Muscle Support	YES L-leucine, L-isoleucine, L-valine	NO	NO
Neuroactive Compounds	YES L-glutamine, L-tyrosine, Taurine, Choline, Caffeine	YES Taurine, Caffeine	YES NA-L-tyrosine, Taurine, Choline, L-phenylalanine, Caffeine
Energy Pathway Compounds and Support	Malic acid, BCAAs, Fructose, L-glutathione, Citric acid, Coenzyme Q-10, NA-L-carnitine, D-ribose	Citric acid/citrates, Glucose	Malic acid

Excellent
 OK
 Undesirable ingredient or insufficient amount